



PLAN YOUR ALPINE TOURING CHALLENGE

- **The ascent is done alongside a ski run** (run to be confirmed based on snow conditions)
- **Estimated time of ascent:** 2-3 hours depending on your physical condition
- **The descent is done on the official 24h run**
- **You will have access to the gondola garage at the top of the mountain to warm up/change** (only for alpine touring participants)
- **We strongly recommend a minimum of 2 participants per team at a time. Each alpine touring team will receive 12 bibs and 1 timing chip**
- **Headlamps are mandatory from 4:00 pm to 6:00 am**
- **Equipment rental is available at Tremblant. More information [here](#).**