

Brookfield's

Renewable

BEST PRACTICES

24h

12 YEARS' experience at 24h

SKIING

BEFORE YOUR TURN ON THE SLOPES



- Do a good warmup and one trial run
- Check the slope conditions board
- Are your skis well sharpened?



AS NIGHT FALLS



- Assign your most experienced skiers
- Wear the appropriate lens for night skiing
- Adjust the time for relays in keeping with teammates' experience

TEAM SPIRIT



- Inform teammates about slope conditions



- Unsure about conditions?** Talk to your team captain and do not feel obligated to ski



SAFETY

- Follow all instructions from the prevention team
- Slow down in transition zones

BECAUSE ABOVE ALL, WE'RE DOING THIS FOR THE CAUSE...



- Check the trail condition board
- Take a break at the feed/rest point
- Give audible warning when passing a participant ahead of you



EAT MORE...



DRINK MORE...

NO SUCH THING AS BAD WEATHER JUST BAD CLOTHING

BRING

- Two pairs of shoes
- Several pairs of socks
- Multi-layer clothing
- Your crampons



AT NIGHT

- Turn on your headlamp
- Consider walking/running in groups



WALK & RUN



Owner and operator of more than 260 renewable energy facilities around the world, **Brookfield Renewable makes safety a priority.**